

TCK RESOURCES

From Inga Aksamit, author of *Between Worlds, An Expat's Quest for Belonging*

Reference Book

This is the ultimate reference book that every adult third culture kid should read.

[Third Culture Kids: Growing Up Among Worlds](#), by David C. Pollock, Ruth Van Reken, Michael V. Pollock.

Podcasts

There are many and they tend to come and go, so look up TCK or Expat in your favorite podcast app.

[Talks With a TCK Friend](#) with Marie Suazo

[Where Are You From? A TCK Podcast](#) by Michael Sullivan

[Third Culture Therapy](#) with Layla Maghribi

[Diesel and Clooney Unpack the World](#) with Chris O'Shaughnessy, Jerry Jones

[Across Oceans](#) with Julia Walker

[Chai with Ping](#) with Ping Roberts

[The Expat Mom](#) with Jennie Linton, particularly Episodes 107, 108, 109 with [Tanya Crossman](#), a TCK expert.

Ted Talk Video

[Where is Home?](#) With author Pico Iyer

TCK Research & Training

[TCK Training](#) is an organization doing current research and has a TCK programs and materials.

- [TCK Research](#) from the TCK Training Team
- White Papers
 - [Caution and Hope: The Prevalence of Adverse Childhood Experiences in Globally Mobile Third Culture Kids](#)
 - [TCKs at Risk: Risk Factors and Risk Mitigation for Globally Mobile Families](#)

Facebook Group

[Third Culture Kids - TCKs Worldwide](#)