

Inga's Travel Packing List

My list reflects my style, which is comfortable and casual without being sloppy and light weight. I can fit everything for a week or a month in one roller bag carryon and a computer pack. Your needs will vary based on the trip. Here is a selection I've used and loved. Most items are middle-of-the-road prices.

Laptop Backpack

- Targus Cypress Slim Backpack 15.6 inch (short trips)
 - The [Targus Cypress Slim Backpack](#) is what I use when I want a pack only for my laptop, phone and travel documents. It has a low profile and is lightweight.
- Targus Corporate Traveler Backpack 15.6 inch (longer trips).
 - The [Targus Corporate Traveler Backpack](#) a larger pack that is similar in design to discontinued North Face and Swiss Gear packs I've used. It has two or three roomy compartments with enough storage to pack all my cords, toiletries and clothing for an overnight. I use this style pack for trips of a week or longer when I need more capacity.

Items for the Backpack

- Laptop
- Phone
- Tablet
- Cords
- Noise cancelling earphones
- Sunglasses
- Reading glasses
- Pen and notepad
- Snacks
- Power bank (Anker 10,000)
- Leather pouch with passport and travel documents

Suitcase

- Travel Pro Maxlite
 - The [Travel Pro Maxlite](#) is my go-to suitcase that is lightweight, can fit in an overhead compartment on a plane and can hold everything I need for a week anywhere or a month in warm climates.

Basics for Every Trip

These go in my suitcase first:

- Trail runner shoes ([Altra Timps](#)) or hiking boots ([Merrell Moab Ventilator](#))
- Workout clothing (synthetic quick dry)
 - Shorts or leggings
 - Short sleeve shirt
- Socks
- Underwear/bra
- Sleep shirt
- Tea bags in a zip top baggie (I'm a tea drinker and many places don't stock tea)
- Small purse
- Light pack for hiking ([REI Flash 18](#))

- The rest depends on the type of trip. Scroll down to see specific lists for tropical vacations, city trips and active outdoor trips.

Worn on the plane:

- Light weight, comfortable pants ([Kuhl](#))
- Collared shirt
- Loafers or lace-up shoes

Toiletries

Note: everything is travel size

- Shampoo
- Cream rinse
- Toothbrush/paste/dental floss
- Nail clippers
- Tweezers
- Band-Aids
- Contact lens/solution/case
- Personal medications
- Hair brush
- Hair gel
- Lotion
- Sunscreen
- Lip balm
- Cosmetics
- Travel clothesline
- Universal tub stopper

Tropical Vacation

See “Basics for Every Trip” and “Toiletries” for core items. For a tropical vacation, which might be to Hawaii, Costa Rica or South East Asia, these are additional items. For countries that require modesty, I pack loose palazzo pants, more knee-length dresses than shorts, and short sleeve shirts and dresses to keep my shoulders covered.

- Sundresses
- Dressy dress (a little black dress always works)
- Shorts
- Capri or palazzo pants
- Short sleeve or sleeveless tops
- Travel skirt
- Bathing suit
- Sarong
- Microfiber beach towel
- Extra sunscreen
- Snorkel
- Sandals
- Flip flops
- Sun hat
- Beach tote bag
- Light sweater or shawl
- Light raincoat or poncho

Winter City Trip

See “Basics for Every Trip” and “Toiletries” for core items. A trip to New York City or other sophisticated city takes some thought to coordinate clothing and shoes to reduce volume.

- Black pants
- Coordinating tops

- Jewelry to dress up or down
- Light down coat ([Uniqlo down jacket](#) or [Kuhl Spyfire down parka](#))
- Scarf or shawl
- Warm hat
- Gloves
- Fashionable, yet practical ankle boots ([Rockport Carly](#))
- Walking shoes

Covid Precautions

- Portable Air Filter ([Pure Enrichment-Pure Zone Mini](#))
- KN95 mask ([Masc](#))
- Home Covid19 test kit